



Soul Power Coach™ Speaker Presentations & Workshops

I'm delighted that you are considering me for a compelling, fun, and engaging presentation for your organization. Feel free to select the title that would create the most interest with your existing and prospective members. I can easily adapt a presentation to focus on any of my 12 Soul Power Life Areas. Possible Presentations:

Realize Your Dreams: Create a Life of Balance, Joy, Love & Expand Your Capacity for Greatness

The Busy Professional's Guide to Creating a Life of Balance, Joy and Love

MOVE It! Get Out of Your Own Way: Overcome Procrastination and Self Sabotage

What Were You Thinking?!: Conquering Fear, Self Doubt, and Negative Thinking

A Giver's Guide to Powerful Strategies for Expanding Your Capacity to Serve

Healthy Living: Create a Life of Balance While You Achieve Your Goals

3 Things To Do When It Feels Like We Are Not In This Together

7 Points of Purposeful Decision Making

All participants will receive a Soul Power Pack of Life Area Cards to take the 30 Second Soul Power Challenge™ during this interactive presentation. All presentation cover:

- * Using purpose and direction to define what is most important
- * Setting personal priorities to create life balance
- * Creating meaning and satisfaction from specific, measurable, achievable, realistic and timely goals
- * Exploring a different perspective on obstacles
- * Understanding the connections between doing and being
- * Learning tools and tips for creating daily habits of success

There are even more presentation titles and topics on my website www.soulpowercoach.com/speaker



Soul Power Coach™ Bio

Adrienne, the Soul Power Coach™ is a Speaker and Coach for highly creative people who fix other people's problems. Her clients are helpers, problem solvers, and entrepreneurs who do really great things for other people but may not be paying as much attention to their own needs. They often struggle with procrastination, doubts, fears, over-thinking, making excuses, or just being stuck working toward a goal that should be easy to obtain. The Soul Power Coach™ provides simple practical tools for the accomplished, respected, workaholic feeling isolated and frustrated because the people around them are behaving badly, they are ready to figure out what's next, or they just want life to be more fun. Clients come to the Soul Power Coach™ needing more focus, organization, consistency, courage and joy to reach their next level of greatness. Adrienne works herself out of a job by giving clients the exact tools they need to immediately use their own Soul Power to make more purposeful decisions in all 12 life areas.

Contact

Please contact Adrienne Fikes, the Soul Power Coach™ for more information and current rates
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Soul Power Coach™ Clients Are Saying:

"I have **changed how I process things** and that fear thing is gone! So far, the Soul Power Coach™ program has **exceeded my expectations** and is **worth every penny**. So what are U waiting for? **Make the investment, you're**

worth it!" – Sandra Templeton, Web Designer, Florida



"After another unproductive year of trying to get my life in line...I decided to give it a try. I was tired of being stuck and limiting myself. I have a **vision, a purpose to help guide me** in the way I want to live my life and who I want to be"

– Naphtali Anderson, Civil Engineer, Massachusetts



"I'm **managing my time better**; I'm **getting more jobs**; and I have **more clarity** about what the specific hurdles are for me. I am **structuring my life according to my unique purpose** and I **know exactly how to get back on**

purpose. The **guidance is coming from my authentic self** more than anything else."

– Michelle Blais, Graphic Designer, Connecticut



"The fear of having to **generate income rather than get a paycheck** was keeping me in a job that was safe. I needed someone to **push me off the cliff into entrepreneurship**. Adrienne is doing that. I **know exactly how** to tell my

negative voice to shut up. I did not know I was this **powerful!**"

– Maribeth Decker, Certified Massage Therapist, Animal Communicator, Virginia



"I now have the tools to make **better choices, smarter choices** ...because the Soul Power Coach™ helped me **pull**

out my life purpose statement - my internal compass that was dimmed by fear, self-doubt, past failures, and

naysayers. This program is helping me to have **the tools to create a system** to help me keep in **alignment with**

keeping true to myself on a path where it's easy to get lost. That's **priceless.**"

– Andrea Hancock, Personal Organizer, District of Columbia



"The tools she has given me through our coaching sessions are **straightforward, easy to follow, implement and**

maintain. This was and continues to be **a great investment!**"

– Charles Motte, Emerging Business Solutions Director, Maryland



"Adrienne honed in on a personal block by asking a **very simple and profound question**. She did more than help; she gave me **a valuable tool that I use daily**. In a sense Adrienne **"Obi Wan Kenobied" me** into a better understanding

of what I need in order to **achieve balance.**" – Risikat Okedeyi, Cultural Architect, Educator, Maryland



"Adrienne **touched my heart** when she spoke to me. So much so that she **intrigued me** to give her a call the next day.

The rest is a love story like no other. For the **first time in my life, I love "me", I trust "me", I value "me". That is**

priceless. She is PRICELE\$\$." – Kareem Mallard, Realtor, Maryland



"She's **simply awesome**. I felt like I was progressing professionally a bit, but in other areas I felt unfulfilled and stagnant. Her **compassion, expertise** and **precise advice** and **guidance** were just what I needed to **sharpen up all**

aspects of my life." – Kenny Wesley, Singer/Songwriter, District of Columbia